



## Symptoms Comparison Chart\*

Updated 4.24.2020

SYMPTOMS	CORONAVIRUS (COVID-19) <i>2 to 14 days after exposure</i>	FLU <i>Abrupt onset</i>	COLD <i>Gradual onset</i>
FEVER	Common	Common	Rare
COUGH	Common (usually dry)	Common (usually dry)	Mild
SHORTNESS OF BREATH	Common	No	No
FATIGUE	Sometimes	Common	Sometimes
ACHES AND PAINS*	Common	Common	Common
HEADACHES*	Common	Common	Rare
SORE THROAT*	Common	Sometimes	Common
CHILLS / SHAKING WITH CHILLS*	Common	Sometimes	No
NEW LOSS OF SENSE OF TASTE AND SMELL*	Common	Sometimes	Sometimes
RUNNY OR STUFFY NOSE	Sometimes	Sometimes	Common
SNEEZING	Sometimes	No	Common
DIARRHEA	Sometimes	No	Sometimes in children

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\*Based on information provided by the CDC and World Health Organization. Starred symptoms added by CDC 4/19.2020

## Contagion and Social Interaction Chart

ILLNESS	Contagious	No Longer Contagious	Recovered
COVID-19	14-19 or more days before symptoms start	8-11 days after symptoms start	At least 3 days (72 hours) have passed since fever is gone (without medication) AND 7 days from start of symptoms, whichever is longer.
Flu	1 day before symptoms start	5-7 days after you get sick with symptoms	5 or more days after symptoms begin, fever is gone for 24 hours or longer, cough improving
Cough / Cold	1-2 days before symptoms start	2 days and up to 2 weeks after you're exposed to the virus	24-48 hours after all symptoms subside
Stomach Flu / Virus	Before symptoms start	Up to 2 weeks after you have recovered	24-48 hours after all symptoms subside using precautions

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**Remember:** You should always follow the advice of your physician for any illness. In addition, we are still facing a national health crisis. You must continue to follow advice from the CDC and government authorities for illness and for social distancing.