

Improving the quality of life through in-home care.

- Health Hygiene
- Light Housekeeping
- Companion Care
- Meals and Nutrition
- Medication Reminders
- Education & Support
- Respite Care
- Transportation



Health Hygiene

Optimum health is maintained through good hygiene. Our professional home health aides can provide stand-by or hands-on assistance with showering or bathing, dressing, grooming and other hygiene essentials so you can look and feel your best.



Light Housekeeping

A neat and tidy home is important for your emotional and physical well-being, as well as your safety. Keeping pathways clear and clutter-free can prevent a fall leading to hospitalization. Our caregivers can assist with household tasks such as vacuuming, sweeping, mopping floors, dusting, cleaning the kitchen and bathroom, assisting with laundry, changing sheets, and folding clothes.



Companion Care

As key determinants of health, isolation and loneliness can lead to increased risk for adverse health outcomes. Our professional home health aides can provide the social support and companionship resulting in positive physical and emotional outcomes.



Meals and Nutrition

A healthy, nutritional diet leads to a strengthened immune system, higher energy, and better health outcomes. Caregivers can assist with meal planning and preparation with a focus on basic nutrition principals that are most important to you or your loved one's diet.



Medication Reminders

It is important for medications to be taken on time and in compliance to a doctor's prescription. Caregivers provide reminders to ensure medications are taken at the correct times each day. Medication management and set-up is also available through a clinical assessment by a CareAparent clinician.



Education & Support

CareAparent's clinicians are available to provide resources, education, and training to family members based on the needs and physical condition of you or your loved one.



Respite Care

As a primary caregiver for your loved one, taking time for personal activities or to simply rest and recharge makes a physical, mental, and emotional difference. CareAparent can assist with maintaining a continuum of care for you or your loved one through temporary overnights or regularly scheduled shifts to lessen the load.



Transportation

When driving becomes a safety issue or is no longer an option, our caregivers can provide transportation for medical appointments, grocery shopping, and errands.